

Moving to Year 7

The Challenges



Name: _____

Important Notes for Adult Supporters

This colour workbook was specifically designed to support young people to be completed in Year 6 as part of a planned transition to secondary school.

It should be completed with a trusted adult.

This workbook should not be used if those who know the young person well feel that it is likely to heighten rather than reduce their anxiety levels about the planned transition to secondary school.

The workbook should be presented as a fun challenge and ideally delivered in frequent short sessions, selecting just one or two pages at a time depending on the challenge, rather than worked through in longer sessions.

Pages/challenges are not numbered to allow flexible delivery - although it is intended that all pages will be completed, with information found by searching the school website.

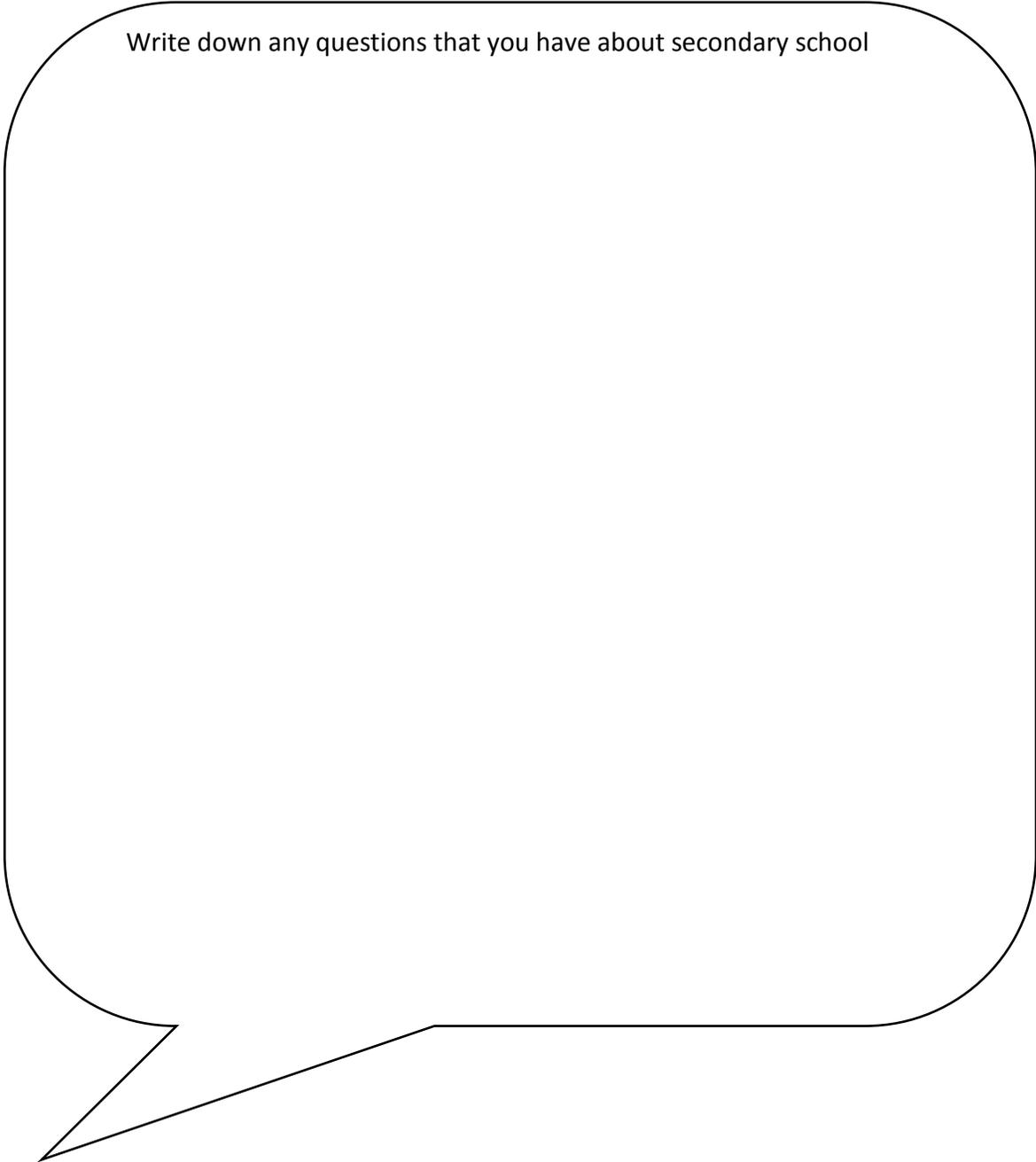
Thank you 😊

Introduction

Starting a new school can be a very exciting time but sometimes you might feel a little bit sad or even worried. Try not to worry about anything as staff will always be there to help you.

Before you start at your new school, try to complete all of the challenges by collecting facts.

You will probably have lots of questions that you would like to ask about your new school too.



Write down any questions that you have about secondary school

Facts about your new school

What is the **name** of the new school that you are going to?

What is the name of the **Head teacher**?

What is the **school address & website**?

What is the **school telephone number**?

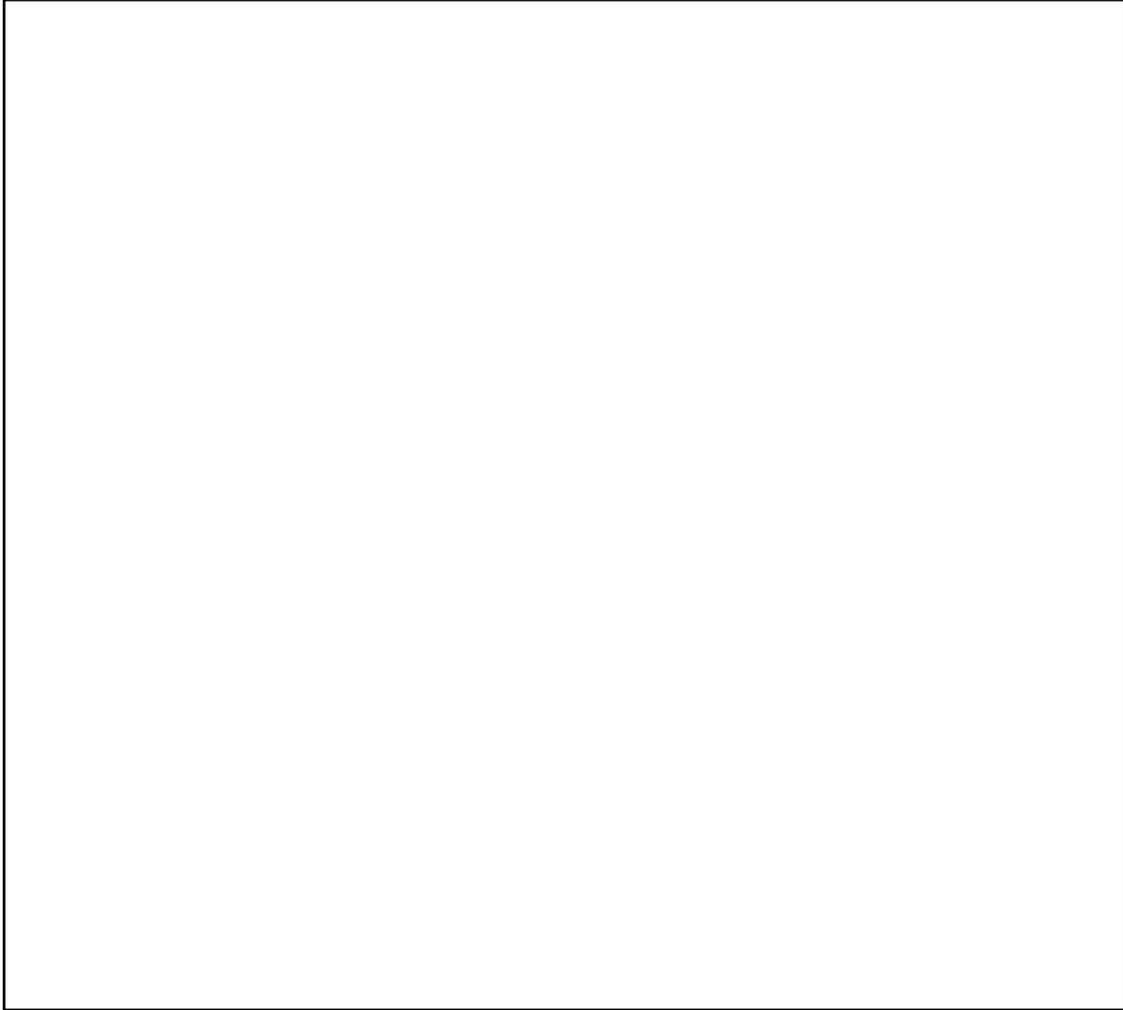
How many children are at the school?

Does the school have **house teams**? What are they called? Do the house teams have symbols or colours?

When you find out which class you will be in (it may be called your form, registration or tutor group rather than your class) **write it here:**

My School Badge

Draw the school badge, crest or emblem below



Write their motto (if they have one)

Same or different?

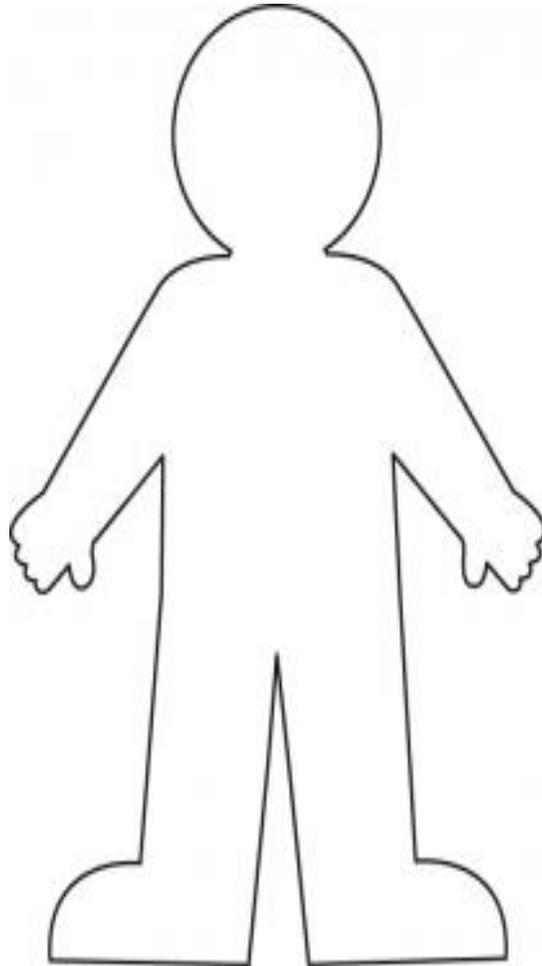
Many of the things you do in your new school will be very similar to your school now, but other things might be slightly different.

Discuss and write down 5 important things that will be different in your new school to defeat this skeleton.

<p>WORD CLUES TO HELP YOU THINK OF IDEAS:</p>
<p>lunch, playtimes, teachers, friends, lessons, homework, desks, storage, uniform, rooms, timetable, rules, assemblies</p>

School Uniform

Draw the school uniform to show what you will need to wear to school each day.



Draw or list some things that you should not wear or take to your secondary school

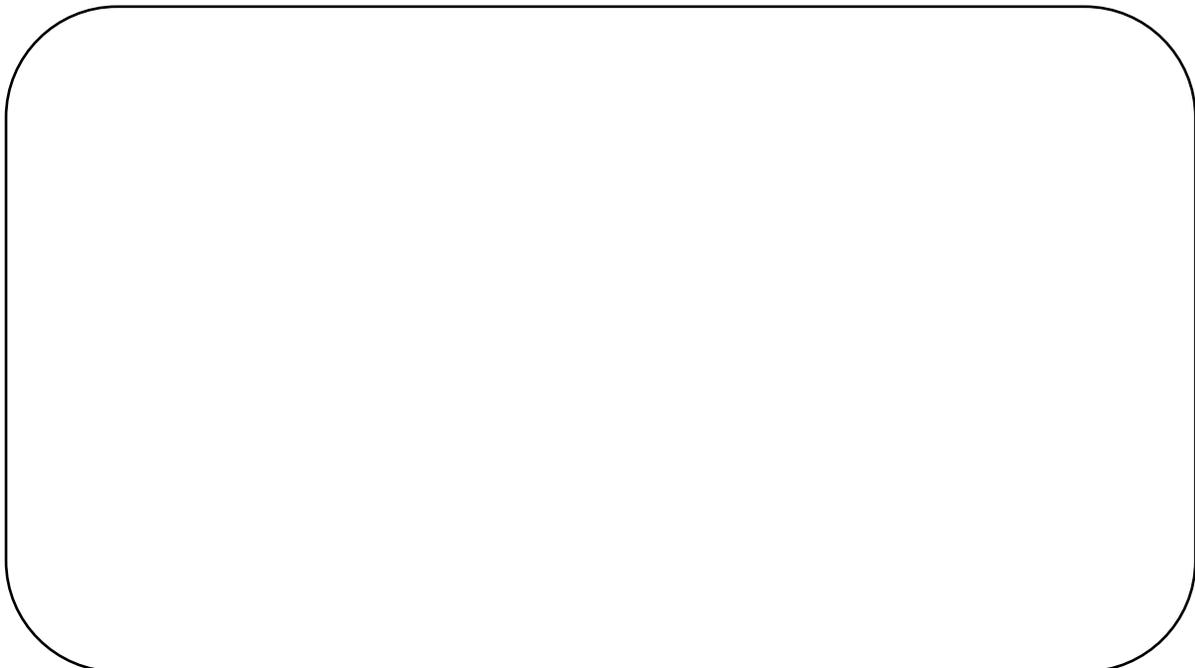
A large, empty, wavy-edged rectangular box for drawing or listing items. The box has a wavy top and bottom edge and straight vertical sides. It is positioned below the text.

PE

Find out what you will need to wear for PE lessons and draw or list it here:



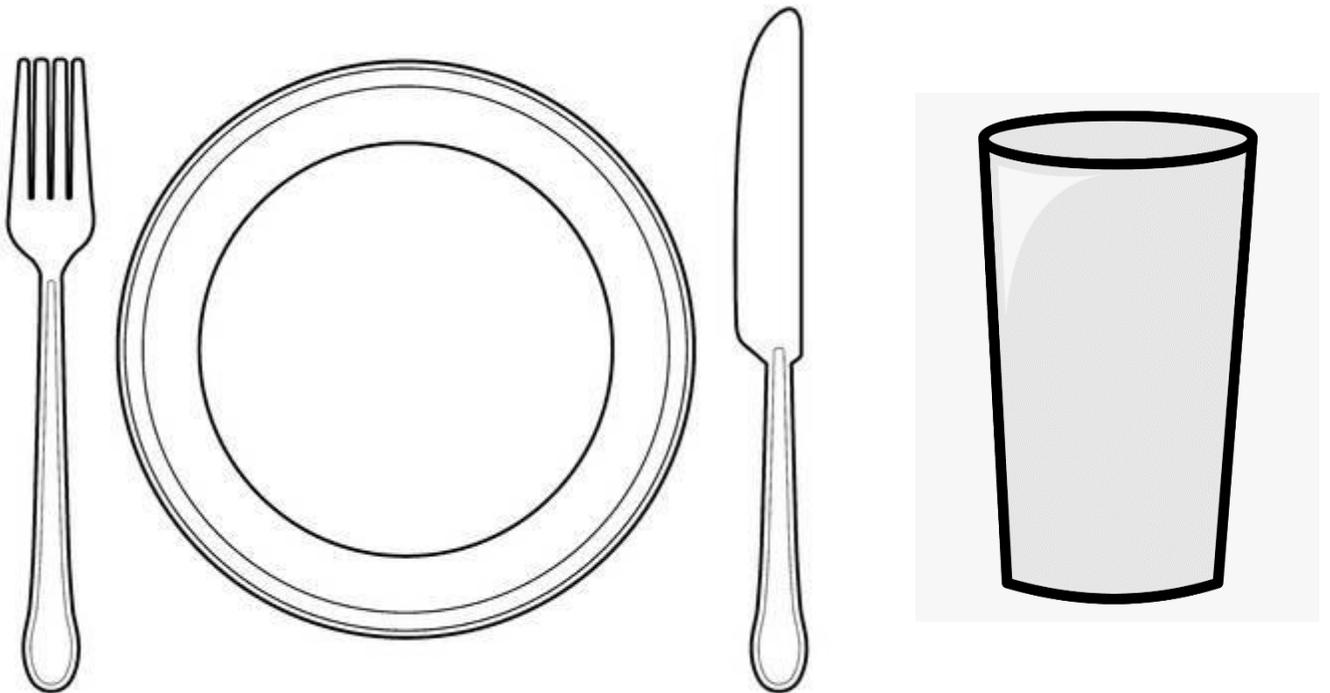
Find out if you will need to wear anything special in any other lessons such as cooking, science or design technology. Draw or list it here:



Lunchtimes

You can take a snack and drink to school each day in your school bag or rucksack. You can also take a packed lunch or you can have school dinners.

Draw a drink and some of the food that you might buy at secondary school and write down what you think it may cost.



Lunch time is usually from _____ to _____ pm.

In the Classroom

Draw or list all the things that you will need to take to school each day in the rucksack below:



On your first day

Which door should you go into school through?

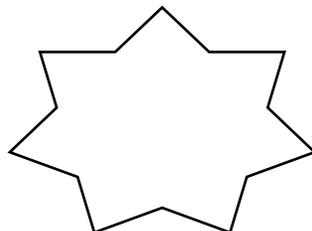
Where should you put your coat and bags?

Staff

Write down the names of the important staff who you will need to know.

Form tutor	
Head teacher	
Head of Year	
Head of House	
Pastoral	
Librarian	
School office	

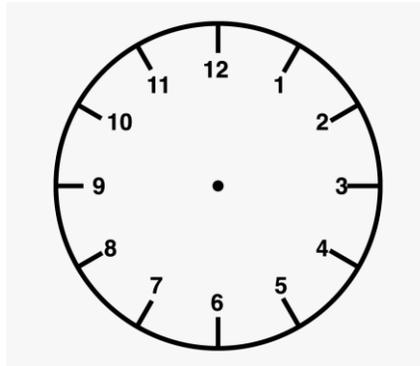
What room number is your tutor group based in?



Playing at break times

You will still have a 'break' time in the mornings.

Add the hands to the clock face to show what time break will be at your new school:



Draw or list what you usually like to do at play or break times now:

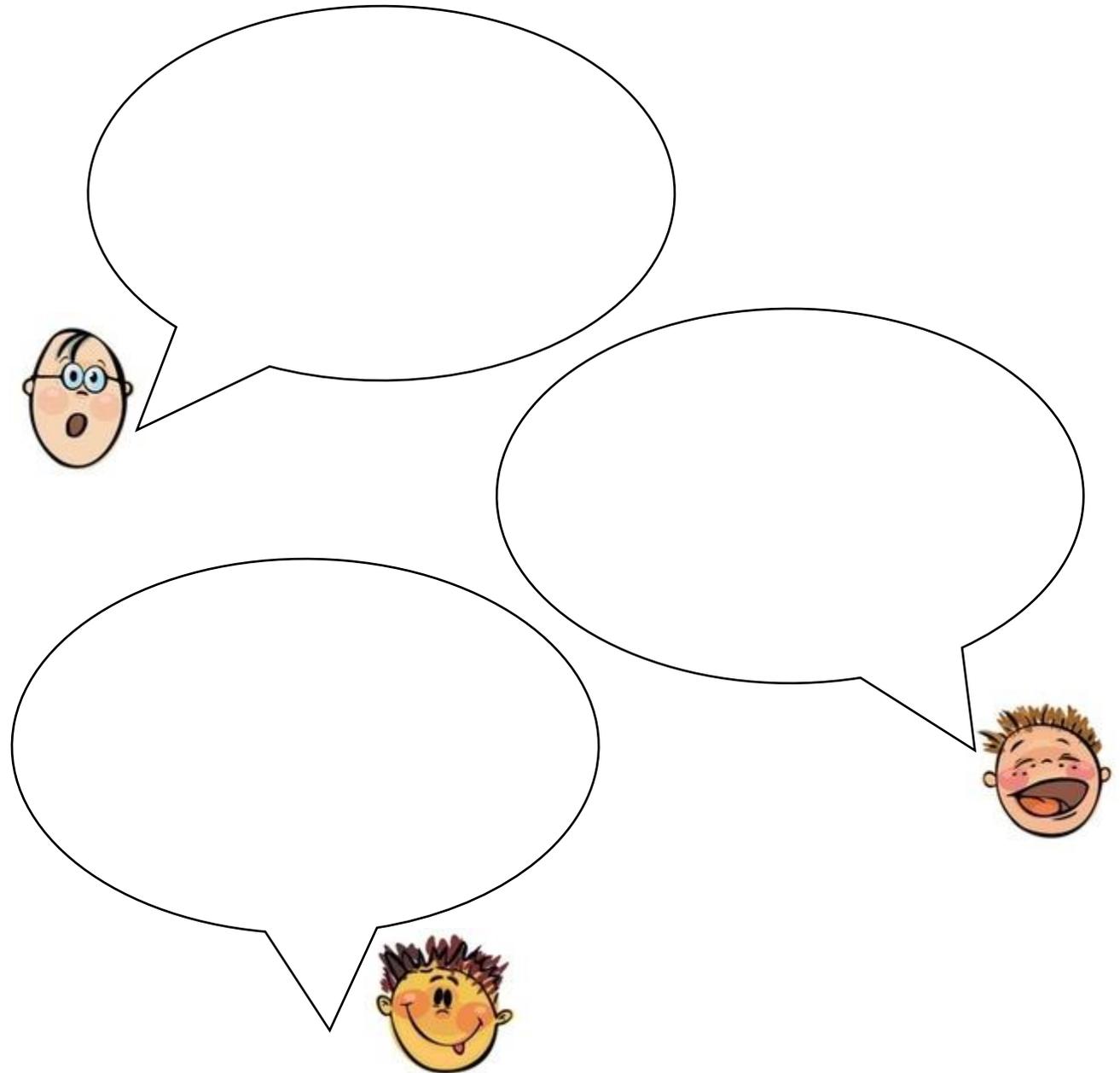
Will still be able to do this at your new school? **Yes No**

If you want a **quiet place** to go at break times in your new school where can you go?

Friends

Adults will help you to make new friends. Don't worry if you feel a bit nervous at first, you will soon get to know everyone.

What sort of things could you say to start making new friends? Write ideas in the 3 speech bubbles below:



Remember try to smile and ask friendly questions.

Joining In

There will be lots of different clubs and activities for you to try at your new school.

List or draw 3 things that you are interested in or enjoy doing now.

Find out what clubs or activities your new school has and draw or write a list of some of them below.



Remember clubs are a good way to make new friends

Lessons and finding your way around

Tick or cross the lessons in the table, to show which lessons you will have at your new school.

English Language		ICT		Science		History	
Maths		RE		Spanish		Citizenship	
French		DT		Music		Food	
Geography		Art		Drama		Careers	
German		PE		PSE		English Literature	

Using a plan/map of the school practice finding different places/rooms and give directions to get to and from three different places with an adult.

Homework

At your new school you will get some homework! Don't worry though because it will not be too hard.

Your teachers will tell you what the homework is and you will probably have a planner, organiser or home school diary to use.

This is a very important book and you will need to make sure that you have it in your school bag **EVERY** day. You must take care not to lose it because it will have lots of important information in it, like when to hand your homework in. Your parents/guardians might be asked to sign it and it is used for messages too.

Most secondary schools have a homework club where you can go to do your work or get help from a teacher if you need it. It will probably be a good idea for you to go to the homework club every week. Remember to write it on your timetable (when you get it!).

Write down when and where homework club is:



Getting to school and home again

This is often a big worry at first but it will be OK because there will be people to look after you and you will soon get used to it.

How will you travel to your new school?



Cross out the ones you will not do and tick the ones you may try

Walk	Cycle	Car	Minibus	Bus
Taxi	Train	Ferry	Rocket	Scooter

Help yourself to be on time by filling in the missing answers:

What time does school start?.....

What time will you need to leave your house?.....

What time will you need to get up?

What time does school usually finish each day?.....

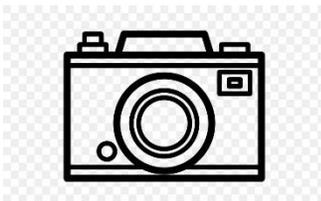


Knowing the way to school

Use an internet map site to print out and stick in (or draw) directions of your route from home to school here:



You might want to take some photos of any land marks that you might pass on the way and stick them in here when you practise getting to school:



School Rules

You will be given information about the school rules. They will be very similar to the ones you had at your old primary school.

It is important that you know what the rules are and what happens if you break them.

Role play what you might say in the following situations:

1. You forget to do your homework and the teacher asks you why you haven't handed it in.
2. You haven't got a pen to write with.
3. You are told off for talking in class when you were trying to help someone.
4. You forgot to bring your lunch money.
5. You have a problem and you need to go to a quiet safe space or find someone to help you.



You might want to draw or write down important things that you will need to remember on some power cards or cue cards.

Completion Certificate



awarded to

.....

Congratulations on completing your challenges.

You are now an expert on your new secondary school and we hope that you enjoy it!

Signed..... Date.....

Remember

Starting a new school is like going on an exciting adventure.



Enjoy your journey wherever it takes you!